



Medical Justification Language for AEL Knee Blockers

AEL's sample Letters of Medical Necessity (LMNs) are solely intended as educational tools. These tools are for reference only and is not an official document for justification. The development of Letters of Medical Necessity should be ultimately left to healthcare professionals; and, the information provided within the LMNs should reflect the unique needs of the individual that the product is being purchased for.

****Methodology to apply the following justifications:**

When determining the level of equipment needed, begin with the basic level of equipment. Then, determine if the next level/style of equipment would be more appropriate for the client. If so, include the basic justification with aspects of the next level/style of equipment as necessary.

Basic Justifications

AEL Knee Blockers

The AEL Knee Blocker is medically necessary in order to position the client's lower extremities in a neutral position and provide alignment for the lower extremities to be maintained in the desired position without varus stress be applied to the knees, while a neutral hip position is achieved and maintained. The AEL Knee Blocker ensures that his lower extremities are supported in the optimal position to achieve full benefit of the foot plates, and ensure proper weight bearing though his/her feet, thus reducing the risk of asymmetries or pressure injuries to the lower extremities. This device will also prevent internal or external deviation or rotation of the hip, while maintaining desirable range of motion within his hips and knees. The client does not present with a history of orthopedic issues to the hip or knee.

In the event the client will **require an alternative size** of knee blocker pad, due to his/her anatomical stature, the following statement may be included – **Replacement Knee Blocker Pads:**

Due to the client's anatomical structure, s/he will require a (insert size here - x-small, small, medium) sized pad in order to ensure adequate surface area application to the anterior knee, and reduce the risk of skin breakdown, which could occur with the use of an ill-sized blocker pad. Without use of this pad, the client will run the risk of pressure injuries to his/her anterior knee, which can lead to additional medical complications.