

# POSAlinc<sup>®</sup> and Standard Arm Support Assembly Instructions

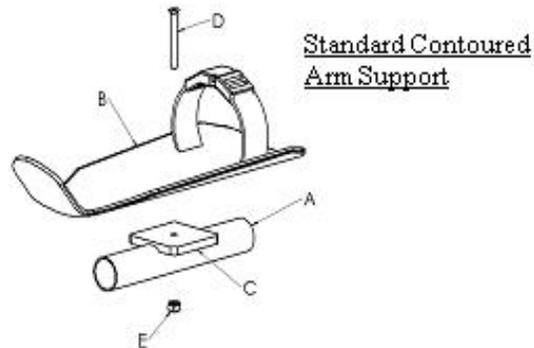
The POSAlinc<sup>®</sup> and Standard Contoured Arm support are designed to provide the important benefits of proper arm support/positioning for a wide variety of users. We are committed to providing the very best service and will where deemed necessary by you, provide additional training in the assembly of the arm supports. These devices are designed for support/positioning and this should be undertaken by suitably qualified and competent persons including rehabilitation engineers and occupational therapists.

**Tools required:** 1/8" (3mm) and 5/16" (4mm) Allen Keys

**Step 1:** Determine the desired location for the device on the frame rail.

### Step 2: Mounting (Standard)

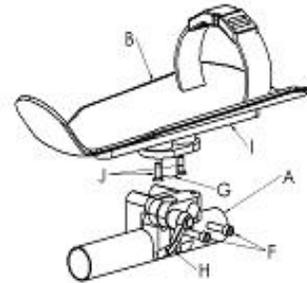
Determine the desired location for the arm support. Then while holding the support and plate 'C' in the desired location drill (7/32, 5.5mm drill) through the support, plate and tube for screw 'D'. When hole is drilled assemble as shown using included washer and nylock nut 'E'. Tighten as specified\*.



### Step 3: Mounting (POSAlinc<sup>®</sup>)

On the POSAlinc<sup>®</sup> arm support (shown lower right) loosen knob 'H' and slide the arm support and post 'G' out of the clamp. Then loosen screw 'F' until clamp fits over tube 'A'. Tighten screws 'F' as specified\*. On the POSAlinc<sup>®</sup> slide post 'G' and the arm rest back into the clamp and tighten knob 'H'.

POSAlinc<sup>®</sup>  
Contoured Arm  
Support



### Step 4: Wriststrap (Optional)

Cut slit in pad over slots. Thread straps through and fasten with Velcro.

### Step 5: Adjustment

On the Standard unit loosen screw 'D' to rotate the arm rest. Retighten as specified. On the POSAlinc<sup>®</sup> loosen screws 'F' to slide the rest along the rail or to rotate it around the rail. Loosen knob 'H' to rotate the rest in the horizontal plane. Loosen screws 'J' to slide the arm support along track 'I'. Retighten as specified\*. Note that knob 'H' has a ratcheting adjustment feature.

### Note:

This device is not intended to take the place of or considered to be a substitute for seat belts or other restraints required for transportation.

\*All screws to be tightened to 20in-lb (2.3 N).



Adaptive Engineering Lab, Inc.  
102 East Keefe Ave.  
Milwaukee, WI 53212  
1-866-656-1486



Authorized Representative:  
Medimark Europe BP2332  
38033 Grenoble Cedex 2  
France

This product is manufactured  
to comply with the 'Medical  
Device Directive'

No specific maintenance is required. However, all fasteners should be routinely checked for specified tension and basic cleaning will maintain good hygiene. We reserve the right to continue to provide state-of-the art products. Therefore, specifications may be changed without prior notice. Adaptive Engineering Lab, Inc shall not be responsible or liable for misapplication or misuse of our products. We recommend experienced professionals be consulted in selecting and applying our products. © 2009 by Adaptive Engineering Lab, Inc. All rights reserved. Registered Trademarks of Adaptive Engineering Lab, Inc: ARCUfit, POSAfit, POSAlinc, QuickPlus VERSALock, Dynaform Form AR-024 Rev. 2